



PONY EXPRESS

Character Leadership Attitude Scholarship Service

Principal Mrs. Celeste Scallion

WEEK AT GLANCE:

August 28:

A Day
Back to School Night

August 29:

B Day

August 30:

A Day
Late Start/PLC
Seniors - Herff Jones

August 31:

B Day
Office Hours

September 1:

A Day
Club Rush
Extreme Spirit Day

UPCOMING EVENTS:

September 4:

NO School - Labor Day

MESSAGE FROM THE PRINCIPAL

Greetings, Bronco Families!

We have completed the second full week of school, and The Ranch is in full swing.

Homecoming is Saturday, September 16, and tickets are on sale now through the VMHS Bookkeeping Office during breaks, and before/after school.

Tonight marks our first home football game for the year. Vista Murrieta Broncos will host the Murrieta Mesa Rams at 7pm in the Bronco Stadium. We encourage all of our Bronco students and families to attend, as Friday Night Lights at VMHS are always invigorating!

Next week, our counseling department will start one on one conversations with the graduating class of 2024. Counselor conferences are one of the first milestones of the Senior year. During these sessions, students will have the opportunity to participate in an optional wellness survey, review transcripts, and discuss future plans.

Our annual Back to School Night is this coming Monday, August 28, from 6 to 7 PM in our VMHS Quad. The open-air format will give parents an opportunity to meet teachers and ask general curriculum questions. Detailed course syllabi, outlines, and expectations for each course can be found on our VMHS website.

If you wish to have an in-depth conversation about your child's progress, please do not hesitate to reach out to us anytime - we are here to help.

As always, we appreciate your partnership and support.

Have a wonderful weekend and Go Broncos!

Kind regards,
Mrs. Scallion

America's Most
SPIRITED HIGH SCHOOL
★ ★ ★ ★ ★

Assistant Principals

Brianna Burow
Lloyd Dunn
Shane Sands
Rosa Velardez
Tammy Waddleton

Assistant Principal Athletics

Carl Galloway

Activities Director

Shannon Kush

Useful Links:

[VMHS Website](https://www.vmurrieta.k12.ca.us)



UPCOMING EVENTS

BACK TO SCHOOL NIGHT



VISTA MURRIETA HIGH SCHOOL 

Let's get to know one another!
Join us on August 28th
for a Meet & Greet
from 6-7 PM.

MEET &
GREET



Digital classroom updates will be
available on the VMHS website.
We hope to see you soon.
GO BRONCOS!

HOMECOMING DANCE Tickets on Sale

This year's HOCO theme is Glean and Glow.

You will not want to miss this incredible event!
Tickets on sale NOW for
\$35 with ASB / \$40 without
Prices go up on August 28 - \$40 with ASB / \$45 without

Any VMHS student interested in taking a guest who does not attend Vista Murrieta High School will need to complete a guest pass and have a completed waiver for their guest at the time of purchasing their guest pass. All guest passes are \$45 and must be purchased in person with the Bookkeeper. The deadline to purchase all guest passes and pre-sale tickets is Wednesday, September 13 at 4PM - NO EXCEPTIONS. VMHS students can purchase tickets at the door for \$50.

All VMHS student waivers should be submitted to the Trading Post by Wednesday, September 13 by 4PM.

BACK TO SCHOOL NIGHT



VMHS PRESENTS
HOCO DANCE
glean and glow

September 16th
7-11pm

food, photo booth, and rides

ticket pricing

THE WEEK OF 8/21	THE WEEK OF 8/28	GUEST PASS	PRICE AT DOOR (VMHS STUDENTS ONLY)
w/ ASB \$35	w/ ASB \$40	\$45	\$50
w/o ASB \$40	w/o ASB \$45		

Guest pass paperwork due on 09/13 @ 4PM

All attendees must have a completed waiver prior to the dance

COUNSELORS

VISTA MURRIETA HIGH SCHOOL *Counseling Team*



Mrs. Osorio
AVID & A - Ban
East Hall



Mrs. Padilla
EL & Bar - Cha
East Hall



Mr. Tyler
Che - Ge
West Hall



Mr. Peterson
Gi - La
West Hall



Mrs. Candaele
Le - O
West Hall



Ms. Valenzuela
P - Se
East Hall



Ms. Hill
Sh - Z
East Hall



Mrs. Burow
Assistant Principal
East Hall



Mr. Bennett
School Psychologist
Grades 10-11 / W115



Mrs. Mendoza-Blid
School Psychologist
Grades 9, 12 / W115



Mrs. Talarzyk
School Social Worker
West Hall



Mrs. Gonzalez
School Social Worker
West Hall

Counselors will begin their one-on-one meetings with students starting next week with the Seniors on August 28 – September 1, during their Social Science class.

During these meetings counselors will review transcripts, review important deadlines, discuss post high school plans, and answer any questions that students may have. Seniors will be given a copy of their transcript with the flyer shown below.

The timeline for one-on-one meetings for the other grade levels are as follows:

Juniors: September 25 – September 29

Sophomores: October 9 – October 13

Freshmen: September 11 – September 15

Counselors are looking forward to meeting with you!

TUTORING SCHEDULE

FREE TUTORING FOR ALL VMHS STUDENTS BEGINS ON MONDAY

SCIENCE TUTORING

BEFORE SCHOOL 7:15 A.M. - 8:15 A.M.

MONDAY

Biology- Pence - S113

Chemistry -Carrillo - S205

Chemistry - Choe - S209

TUESDAY

Biology - Rees - S213

THURSDAY

Biology - Rees - S213

Earth Science - Heise - SS15

FRIDAY

Biology - Pence - S113

ALL SUBJECT TUTORING

BEFORE SCHOOL 7:15 A.M. - 8:15 A.M.

MONDAY - TUESDAY - THURSDAY

Library

MATH TUTORING

BEFORE SCHOOL 7:15 A.M. - 8:15 A.M.

MONDAY

Math I & II - Matlock - W219

TUESDAY

Math I & II - Matlock - W219

Math III and above - Sather -W111

MATH LAB

1ST & 2ND LUNCH

MONDAY THROUGH FRIDAY

Reece - W222

WRITING LAB

1ST & 2ND LUNCH

MONDAY THROUGH FRIDAY

Walsh - EE18

CHARACTER. LEADERSHIP. ATTITUDE. SCHOLARSHIP. SERVICE.



SENIORS

2-YEAR

- ☐ Complete FAFSA starting December
- ☐ Apply & Complete Orientation (mid-spring)
- ☐ Attend first semester planning session (late spring, summer)
- ☐ Visit the EOPS or DPSS/ASC page to apply for support services
- ☐ Apply for scholarships!
- ☐ Send transcripts through Parchment.com

MILITARY

- ☐ Research branches and requirements
- ☐ Contact your recruiter
- ☐ Register for the ASVAB
- ☐ Prepare for your physicals
- ☐ Meet with a counselor to determine career options
- ☐ Complete FAFSA starting December

4-YEAR

- ☐ Complete brag sheet for those writing you a letter of recommendation for scholarships or private colleges
- ☐ Launch your UC/CSU application from CCGI and apply between Oct. 1-Nov. 30
- ☐ Applying to Private Colleges? Identify application due dates & requirements and apply through the Common App.
- ☐ Complete FAFSA starting December
Apply for scholarships!

WORKFORCE

- ☐ Complete FAFSA starting December
- ☐ Create a resume or portfolio website
- ☐ Prepare responses for commonly asked interview questions
- ☐ Looking online?: Use terms like "entry level" "high school diploma" in your search.
- ☐ Attend job fairs (spring, summer)

**CRY NOW.
LAUGH LATER.**

Feeling overwhelmed? Scan the QR codes on the right for resources to help you get through the year!



**What's stress
& anxiety?**



**Change
to Chill**

REMINDERS

A/B CALENDAR

A/B Schedule for Aug 28 - Sep 1:

28	29	30	31	1
A	B	A	B	A
		LS	OH	

Wednesday, August 30th,
is Late Start, "A" day.

School hours are 9:30am - 3:30pm.

ASB

Buy your ASB Card

Only \$45



Only \$45



Free Admission to all regular home athletic events
Discounts on dances, yearbook & other activities
Community Discount Card in 5 Star

PTSA

Calling all Creatives! REFLECTIONS 2023-24



2023-2024
CALL FOR ENTRIES!

I am Hopeful Because...

Explore the arts and express yourself!

CLICK HERE



Deadline to submit: October 15, 2023

Any questions contact: vmhsreflections2022@gmail.com

Scan QR code

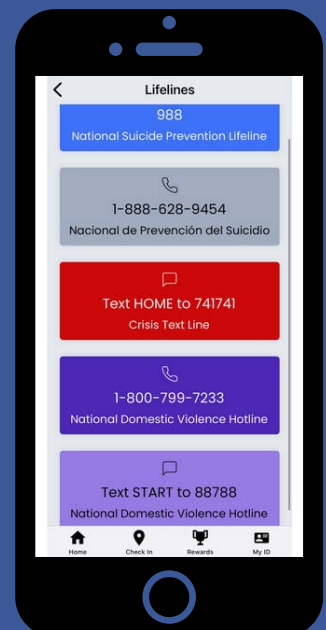
Please remember to review the Reflections rules by category

<https://capta.org/resource/participant-forms/>



DIGITAL STUDENT ID

We encourage all students and families to familiarize themselves with the digital ID Card to ensure all students know how to access the crisis hotlines embedded in the digital IDs. From the digital ID, students can press the phone icon in the upper left-hand corner to access the hotline interface. From this screen, students can dial the desired phone number directly by pressing the appropriate button.



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